

Feed a Friend

Help the poor, the hungry, the homeless, and the victims of domestic abuse here in the Greater Hartford region by giving them something that's hard to come by: A Free Lunch! We deliver your bagged lunches to [Loaves and Fishes](#) in Hartford every second Monday of each month. They have numerous men, women, and children, who will appreciate the food you provide and the love that you show in making it. This is a great opportunity to get your kids to help and discuss with them the words of Christ: "When I was hungry, you fed me...."

– Lunch Bag Instructions –

Bring your lunches on the 2nd Sunday of each month and put them in the kitchen refrigerator in the basement.

Brown bags are on a table in the main entrance of the church and on the table by the handicap accessible side door.

Fill your brown-bags with

- 1) Sandwich,
- 2) Piece of Fruit
- 3) Bag of Chips/pretzels
- 4) Canned/Bottled Drink &
- 5) Desert (pudding, cookie, etc.)

Important Note: For the purpose of uniformity, please include all/only the items above.

Also PLEASE write type of sandwich (and the presence of any allergens) on bag.

Examples of a filled bag would be: ham & swiss sandwich, orange, potato chips, water, chocolate chip cookie.

If you are interested in helping with delivering the lunches on Monday please speak to Subdeacon Nick, Amy Hayashida, or Fr Constantine.