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Archpriest John Jillions, Retired – Attached

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Good Morning and Welcome!

March 2, 2025

Sunday of Cheesefare: Expulsion of Adam from Paradise



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| <i>Sunday, March 2nd</i> | 9:00 a.m. <u><i>Divine Liturgy (In-Person/Virtual - Click for Zoom Link)</i></u>
<i>Forgiveness Vespers</i>
<i>Annual Parish Meeting</i> |
| <i>Monday, March 3rd</i> | 6:00 p.m. <i>Canon of St. Andrew</i> |
| <i>Tuesday, March 4th</i> | 6:00 p.m. <i>Canon of St. Andrew</i> |
| <i>Wednesday, March 5th</i> | 6:00 p.m. <i>Presanctified Liturgy followed by Lenten Pot Luck Dinner</i> |
| <i>Saturday, March 8th</i> | 5:00 p.m. <i>Vespers</i> |
| <i>Sunday, March 9th</i>
<i>Sunday of Orthodoxy</i> | 8:45 a.m. <i>Chrismation of Sarah Beneitz</i>
9:00 a.m. <u><i>Divine Liturgy (In-Person/Virtual - Click for Zoom Link)</i></u>
<i>Feed a Friend</i>
4:00 p.m. <i>CT Deanery Lenten Vespers – Sts. Peter & Paul, Meriden</i> |

Welcome

Welcome to all those visiting All Saints today!
Please join us downstairs for Fellowship after Liturgy!

Happy Birthday

Sarah Beneitz – March 6th

Annual Parish Meeting – Date Change – March 2nd

Due to inclement weather on February 16th, our Annual Parish Meeting was postponed until March 2nd. *Thank You!*

God Grant Her Many Years!

Sunday, March 9 Sarah Beneitz, who has been attending All Saints for about 6 years, *will be received into the Orthodox Church through Chrismation*. Her sponsors will be Fr John and Matushka Denise Jillions.

Thank You

Thank you to Chefs Michael D., Chris, Amy, Subdeacon Nick, Svetlana, Monica and Sophie S. for a delicious Meatfare Dinner last Sunday. Thank you to all those who helped with setup, attended and cleanup. A great time was had by all!

O.N.E. Orthodox New England Newsletter

If you are a member of our *All Saints Family*, you should have received a *copy of the February issue of the O.N.E. Newsletter* – which was a special issue Celebrating the First Anniversary of His Grace, Bishop Benedict. Please see Cathy Vargas if you did not receive this issue, she will make sure your name is added to Diocesan distribution list. *Thank you!*

Theology Café

The next gathering of the Theology Café will be March 18th - all are welcome, bring a friend! 7:30 PM at 107 Elizabeth St., Hartford CT. Please RSVP to Amy Hayashida by March 16th. (937-631-5989).

Words from Father Constantine

Sunday of Cheesefare

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption. Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God.

Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ. At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

Parish Council

The next meeting of the Parish Council will be scheduled after the Annual Parish Meeting in March.

Fellowship Hour Sign-Up

Hosts and Hostesses needed for Fellowship Hours – please see the clipboard/sign-up sheet at the coffee window – please sign up for a Sunday or two that are convenient for you! Any questions, *please see Monica Kapral. Thank you!*

Tithely - Stewardship

The All Saints Church Council has approved the addition of Tithely as a new secure method of making your stewardship donations, this is in addition to Paypal and traditional payment methods (e.g. cash or checks). Why Tithely: 1) ease and security, 2) provides for auto-recurring giving (e.g. weekly, monthly or yearly), 3) allows the giver to cover ASOC's processing fees.

You can use the link below to get to All Saints Church donation page or [All Saints Church Tithely Giving](#)

Go to our website at allsaintshartford.org and click on the green [Give using Tithely](#) button located at the bottom of any page.

Thank you – any questions, please see Tom Denisky.

2025 Stewardship Form

2025 Stewardship Form and Letter were mailed to our membership on December 10th. Blank forms are available at Church and a link is available on the Church Website – under the Stewardship Tab. Please return completed forms as soon as possible. Any questions, please see Tom Denisky. Thank you!

Church Metrics – Memory Eternal!

*Olga Zacharewitz – 3/2/81; Mary Gandza – 3/2/86; Michael B Kapral – 3/2/01; Helen Uremko – 3/2/08;
Paul Uremko – 3/3/02; Marie Schtatz – 3/4/86; Sophie D’Angona – 3/4/14; Mary Sterud – 3/5/90;
Olga Powlishen – 3/5/08; Alexandra Jacy – 3/7/79; Michael Kul – 3/7/83; Gregory Denisky – 3/7/14*

Commemorations

Living:

Tamara, Shota, Ketevan, Keti, Levan, Lai, Salome, Natali, Sarah, Norah, James, Georgia, Svetlana, Margaret, Lawrence, Paul, John, Patricia, Robert, Kristina, Patricia, Patrick, Mariam, Joseph, Vincent, Nicholas, Eileen, Diane, Susan, Tatiana, Roger, Mike, Ron, Tatiana

Departed:

Shotiko, Angelina, Gregory, Eldari, Marianne, Aleksandra, Anton, Anna, Terese, Theresa

Troparion/Kontakion

Kontakion — Tone 6

O Master, Guide to wisdom, / Bestower of prudence, / Instructor of the foolish, and Defender of the poor: / make firm my heart and grant it understanding. / O Word of the Father, / give me speech, for behold, I shall not restrain my lips from crying out to Thee: / "Have mercy, have mercy on me who have fallen."

Epistle: Romans 13:11-14:4

<https://www.oca.org/readings/daily/2025/03/02/2>

Gospel according to Matthew 6:14-21

<https://www.oca.org/readings/daily/2025/03/02/3>

Upcoming Events – Please Mark Your Calendars

Annual Parish Meeting – March 2nd

Great Lent Begins – March 3rd

Pieroghi Workshop – March 22nd

Egg-Stravaganza – April 5th

Bridegroom Matins (Diocese of New England) at ASOC – April 13th

*Please see sign-up sheets and flyers for all of the above events at the
“Communications Table” in the Church Hall!*

Outreach Opportunitites

Reminder - Feed a Friend – Sunday – March 9th

Please put your lunches into refrigerator in the Church Hall (Thank You!)

Help the poor, the hungry, the homeless, and the victims of domestic abuse here in the Greater Hartford region by giving them something that's hard to come by: A Free Lunch! We'll deliver bagged lunches to [Loaves and Fishes](#) in Hartford, beginning today and every second Sunday of each month, who has numerous men, women, and children, who will appreciate the food you provide and the love that you show in making it. This is a great opportunity to get your kids to help and discuss with them the words of Christ: "When I was hungry, you fed me...."

To participate - Make & bring a brown-bag lunch to Church which includes all of the following:

- 1) Sandwich,
- 2) Piece of Fruit
- 3) Bag of Chips/pretzels
- 4) Canned/Bottled Drink &
- 5) Desert (pudding, cookie, etc.)

Important Note: For the purpose of uniformity, please include all/only the items above.

*Also **PLEASE** write type of sandwich (and the presence of any allergens) on bag.*

Foodshare

There is a basket for donations of nonperishable food items for Foodshare in the "Donations Corner" in the Church Hall! We are also in need of brown bags with handles. Also, please avoid food items in glass containers. *Please remember to thank God for your blessings by helping those in need. God Bless and Thank you!*

Golden Elephant

Golden Elephant has been diagnosed with Lyme Disease. She is feeling really sick and all of her chronic illnesses have been intensified. She is reapplying for disability but currently has no funds to pay her bills. *Prayer Requests:* For rapid healing from Lyme and that her disability application would be approved quickly. *Needs:* She could use Visa, Instacard and Aldi gift cards.

Thank you so much for your continued support and help in assisting our client as she progresses toward a life of independence.

March Schedule of Services 2025

Sunday March 2	<i>Divine Liturgy 9 am, followed by Forgiveness Vespers; Annual Parish Meeting</i>
Monday March 3	<i>Canon of St. Andrew 6 pm</i>
Tuesday March 4	<i>Canon of St. Andrew 6 pm</i>
Wednesday March 5	<i>Presanctified Liturgy 6 pm</i>
Saturday March 8	<i>Vespers 5 pm</i>
Sunday March 9	<i>Divine Liturgy 9 am</i>
Wednesday March 12	<i>Presanctified Liturgy 6 pm</i>
Saturday March 15	<i>Vespers 5 pm</i>
Sunday March 16	<i>Divine Liturgy 9 am</i>
Wednesday March 19	<i>Presanctified Liturgy 6 pm</i>
Saturday March 22	<i>Vespers 5 pm</i>
Sunday March 23	<i>Divine Liturgy 9 am</i>
Tuesday March 25	<i>Annunciation Divine Liturgy 8:30 am Akathist for Annunciation followed by Fish Dinner 6 pm</i>
Wednesday March 26	<i>Presanctified Liturgy 6 pm</i>
Saturday March 29	<i>Vespers 5 pm</i>
Sunday March 30	<i>Divine Liturgy 9 am</i>

Have a Blessed Week!

Please Note

Any photos taken at Church events may be used on the Church website or Facebook page. If you have any questions on this, please see or contact Father Constantine. <https://www.oca.org/files/PDF/official/2018-1024-socialmediaguidelines-clergyvlayers.pdf>