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**Welcome!**

**February 22, 2026**

**Sunday of Cheesefare: Expulsion of Adam from Paradise**



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|--|------------------|---|
| <b>Sunday, February 22<sup>nd</sup></b>    | <b>9:00 a.m.</b> | <b><u><a href="#">Divine Liturgy (In-Person/Virtual - Click for Zoom Link)</a></u></b><br><b>Foregiveness Vespers</b><br><b>Events Committee Meeting – During Fellowship Hour</b> |
| <b>Monday, February 23<sup>rd</sup></b>    | <b>6:00 p.m.</b> | <b><u><a href="#">Canon of St. Andrew (In-Person/Virtual - Click for Zoom Link)</a></u></b>   |
| <b>Tuesday, February 24<sup>th</sup></b>   | <b>6:00 p.m.</b> | <b>Canon of St. Andrew</b>  |
| <b>Wednesday, February 25<sup>th</sup></b> | <b>6:00 p.m.</b> | <b>Canon of St. Andrew</b>  |
| <b>Saturday, February 28<sup>th</sup></b>  | <b>5:00 p.m.</b> | <b>Vespers</b>  |
| <b>Sunday, March 1<sup>st</sup></b>        | <b>9:00 a.m.</b> | <b><u><a href="#">Divine Liturgy (In-Person/Virtual - Click for Zoom Link)</a></u></b><br><b>Annual Parish Meeting – During Fellowship Hour</b>                                   |
| <b>Sunday of Orthodoxy</b>                 | <b>6:00 p.m.</b> | <b>CT Deanery Mission Vespers – St. Barbara's, Orange, CT</b>   |

**Welcome**

**Welcome to all those visiting All Saints today!**  
**Please join us downstairs for Fellowship after Liturgy!**

## Annual Parish Meeting

All Saints Orthodox Church Annual Parish Meeting will be next Sunday, March 1<sup>st</sup>.

### Happy Birthday

Emma Taylor – February 26<sup>th</sup>

### Thank You

Thank you to Chefs Chris Evans and Subdeacon Nick for preparing the delicious *Meatfare Dinner* last Sunday. Thank you to all those that helped setup, serve, bake desserts and clean-up. *A wonderful day of Fellowship!*

### Reports for Annual Parish Report

Please note that *all reports to be included in the Annual Parish Report*, distributed at the Annual Parish Meeting on March 1<sup>st</sup>, are due TODAY. Please email your report to Cathy Vargas at [carv58@aol.com](mailto:carv58@aol.com). Any questions, please see Cathy. *Thank you!*

### Egg-Stravaganza – March 28<sup>th</sup>

*Egg-Stravaganza – March 28<sup>th</sup> - 9:30 a.m. – 4:00 p.m.* Features 2 Psyanky Classes, Baked Sale, Lenten Lunch, Bookstore open. Please see flyers/registration forms on table in back of church and on Communication Table in Church Hall. Please share a flyer or two with your family and friends! Flyer posted on Website and on Facebook. *Please see* Baked Goods sign-up sheet at Communications Table. *Thank you! Any questions, please see or contact Cathy Vargas*

### Time to Make the Pieroghis

*Pieroghi Workshop* will be Saturday, March 7<sup>th</sup> from 9:00 a.m. – 1:00 p.m. No experience necessary – everyone is welcome! Any questions, please see Subdeacon Nick.

### Smile – You're on Candid Camera!

Over the next month or so, Monica Kapral and Cathy Vargas will be taking everyone's pictures and will be creating a Family Photo Board in the Church Hall – another way for us to become more of a family!

### Name Tag Sunday – April 5<sup>th</sup>

*Get to know your brothers and sisters!* Next Name Tag Sunday, April 5<sup>th</sup> and the first Sunday of *every other month* going forward, we will be asking everyone to wear a Name Tag, so that we can get to know one another better. Name tags and markers will be available as you enter church.

### Adult Education

*Please note that Adult Education will resume after PASCHA.*

### Theology Café

The next gathering of the Theology Café will be March 3, 2026 - all are welcome, bring a friend - 7:30 PM at 107 Elizabeth St., Hartford CT. *Please RSVP to Amy Hayashida. Thank you!*

## Fellowship Hour 2026

2026 – New Year - Reminder that Fellowship Hour is a time to break the fast and have Fellowship with our brothers and sisters. Please try to keep foods to finger foods, for easy setup and cleanup. Hosts and Hostesses needed for Fellowship Hours – please see the clipboard/sign-up sheet at the coffee window – please sign up for a Sunday or two that are convenient for you! Any questions, please see Monica Kapral. Thank you!

### Church Metrics – Memory Eternal!

Melania Matychak – 2/22/01; George Sowpel – 2/23/98; Anastasia Ostapkevich – 2/25/59;  
Theodore Miller – 2/26/87; Stanley Golon – 2/26/90; Anna Matway – 2/28/83

### Tithely - Stewardship

The All Saints Church Council has approved the addition of Tithely as a new secure method of making your stewardship donations, this is in addition to Paypal and traditional payment methods (e.g. cash or checks). Why Tithely: 1) ease and security, 2) provides for auto-recurring giving (e.g. weekly, monthly or yearly), 3) allows the giver to cover ASOC's processing fees.

You can use the link below to get to All Saints Church donation page or [All Saints Church Tithely Giving](#)

Go to our website at [allsaintshartford.org](http://allsaintshartford.org) and click on the green **Give using Tithely** button located at the bottom of any page.

Thank you – any questions, please see Tom Denisky.

### Troparion/Kontakion

#### Kontakion — Tone 6

O Master, Guide to wisdom, / Bestower of prudence, / Instructor of the foolish, and Defender of the poor: / make firm my heart and grant it understanding. / O Word of the Father, / give me speech, for behold, I shall not restrain my lips from crying out to Thee: / "Have mercy, have mercy on me who have fallen."

#### Epistle: Romans 13:11-14:4

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

#### Gospel according to Matthew 6:14-21

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

## Commemorations

### Living:

Mary, Elaine, Margaret, Roger, Mark, Susan, Stephanie, Sophia, Patty Ann, Richard, David, Joseph, Andy, Marsha, Elizabeth, Eugenia, Alexander

### Departed:

Mike, Alison, Argia, Wayne, Margaret, Larry, Jozef, Jozef, Raisa, Krystyna, Tedeusz, Joseph, Michael, John

## Outreach Opportunitites

### Foodshare

There is a basket for donations of nonperishable food items for Foodshare in the “Donations Corner” in the Church Hall! We are also in need of brown bags with handles. Also, please avoid food items in glass containers. *Please remember to thank God for your blessings by helping those in need. God Bless and Thank you!*

### Reminder – Feed a Friend – Sunday – March 8<sup>th</sup>

*Please put your lunches into refrigerator in the Church Hall (Thank You!)*

Help the poor, the hungry, the homeless, and the victims of domestic abuse here in the Greater Hartford region by giving them something that’s hard to come by: A Free Lunch! We’ll deliver bagged lunches to Loaves and Fishes in Hartford, beginning today and every second Sunday of each month, who has numerous men, women, and children, who will appreciate the food you provide and the love that you show in making it. This is a great opportunity to get your kids to help and discuss with them the words of Christ: “When I was hungry, you fed me....”

*To participate - Make & bring a brown-bag lunch to Church which includes all of the following:*

- 1) Sandwich,
- 2) Piece of Fruit
- 3) Bag of Chips/pretzels
- 4) Canned/Bottled Drink &
- 5) Desert (pudding, cookie, etc.)

*Important Note: For the purpose of uniformity, please include all/only the items above.*

*Also PLEASE write type of sandwich (and the presence of any allergens) on bag.*

## Please Mark Your Calendars

**March 1, 2026 – ASOC Annual Parish Meeting**

**March 7, 2026 – Pieroghi Workshop**

**March 14, 2026 – ASOC Lenten Retreat**

**March 21, 2026 – Interior Church Clean-up**

**March 28, 2026 – Egg-Stravaganza**

## **Expulsion of Adam from Paradise**

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendants became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit..."

### **Please Note**

*Any photos taken at Church events* may be used on the Church website or Facebook page. If you have any questions on this, please see or contact Father Constantine. <https://www.oca.org/files/PDF/official/2018-1024-socialmediaguidelines-clergy-lay-leaders.pdf>

*All Saints Orthodox Church*  
205 Scarborough Street  
Hartford, CT 06105

## **Lenten Retreat**

*Saturday – March 14, 2026*

**Topic:** *What Does it Mean to be a Church?*

*The Parish Today?*

*What does it mean to be a Community?*

**Speaker:** *The Very Reverend Dr. Eric Tosi, Assistant Professor of Pastoral Theology at St. Vladimir's Seminary.*

### **Schedule**

*Doors open at 9:30 a.m.*

*Retreat starts at 10:00 a.m.*

*Break for Lunch at 12:15 p.m.*

*Retreat resumes at 1:00 p.m.*

*Retreat concludes at 2:00 p.m.*

*Reservations are preferable, suggested donation of \$25 per person.*

*Please call Father Constantine to make your reservation by March 11<sup>th</sup>.*

*(860)278-6387*



# ***EGG-STRAVAGANZA***

## **ALL SAINTS ORTHODOX CHURCH**

205 Scarborough Street  
Hartford, CT 06105

*March 28, 2026, Saturday*

9:30 a.m. – 4:00 p.m.

### Featuring:

- *2 Pysanky Classes (Egg Decorating)*
  - *Church Tours*
  - *Baked Goods*
- *“Egg Items” for Sale*
- *Lenten Lunch Served*

If you would like to register for one of our Pysanky classes or would like more information, please call (860) 205-9465. Please also visit our website – [www.allsaintshartford.org](http://www.allsaintshartford.org) or visit us on Facebook.

*Please plan to attend!*

***Time to Make the Pierogis!***

***Food Workshop for the Egg-stravaganza***

**March 7, 2026**

**Beginning at 9:00 a.m.**



***Any questions, please see or contact  
Subdeacon Nick, (860) – 930-4680.***