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**July 12, 2026**

## **Martyrs Proclus and Hilary of Ancyra**



|                                        |                                                                                                                                                                                                                  |
|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sunday, July 12<sup>th</sup></b>    | <b>9:00 a.m.</b> <a href="#"><u>Divine Liturgy(In-Person/Virtual - Click for Zoom Link)</u></a><br><i>Feed a Friend</i>                                                                                          |
| <b>Wednesday, July 15<sup>th</sup></b> | <b>6:00 p.m.</b> <a href="#"><u>Daily Vespers/Adult Education (Virtual Only – Click for Zoom Link)</u></a>                                                                                                       |
| <b>Friday, July 16<sup>th</sup></b>    | <b>8:30 a.m.</b> <i>Liturgy/Great Martyr Marina</i>                                                                                                                                                              |
| <b>Saturday, July 18<sup>th</sup></b>  | <b>2:00 p.m.</b> <i>Baptism of Jon, Gabriel and Domynic Diaz</i><br><b>5:00 p.m.</b> <i>Vespers</i>                                                                                                              |
| <b>Sunday, July 19<sup>th</sup></b>    | <b>8:45 a.m.</b> <i>Chrismation of Magdalena Giszter</i><br><b>9:00 a.m.</b> <a href="#"><u>Divine Liturgy(In-Person/Virtual - Click for Zoom Link)</u></a><br><i>Blessing of Vehicles in Church Parking Lot</i> |

### **Welcome**

*Welcome to all those visiting All Saints! Please join us for Fellowship after Liturgy!*

### **Happy Birthday**

*Mark Kapral – July 15<sup>th</sup>*  
*Amy Hayashida – July 18<sup>th</sup>*

### **Happy Anniversary**

*Mark & Monica Kapral – July 16<sup>th</sup>*

### **Help Needed – Church Cleaning**

*All Saints Church* does not have the luxury of a full-time, or even part-time, janitor to keep up with the general cleaning that needs to occur each month. To keep our Church clean and safe, we are asking for help on a rotating basis with cleaning tasks such as mopping floors, cleaning bathrooms, vacuuming and dusting and sweeping as needed. We ask that each family or group of two or three individuals, sign up for a month to come into the church and complete these tasks. The sign-up sheet is on the table in the auditorium. Please see Greg Belekewicz (860) 268-6554 with any questions. *Thank you!*

### **Adult Education**

*Please note that Adult Education will be on Wednesday, July 15<sup>th</sup>. We will be finishing chapter 6 and the Epilogue in *The Orthodox Way*, by Metropolitan Kallistos Ware.*

### **Name Tag Sunday – August 2<sup>nd</sup>**

*Get to know your brothers and sisters! Next Name Tag Sunday, August 2<sup>nd</sup> and the first Sunday of every other month going forward, we will be asking everyone to wear a Name Tag, so that we can get to know one another better. Name tags and markers will be available as you enter church.*

### **Theology Café**

The next gathering of the Theology Café will be August 4<sup>th</sup> - all are welcome, bring a friend - 7:30 PM at 107 Elizabeth St., Hartford CT. *Please RSVP to Amy Hayashida. Thank you!*

### **Parish Council Meeting**

Next *Parish Council Meeting* will be *August 11<sup>th</sup> at 6:30 p.m.* in person at All Saints.

### **Commemorations**

#### **Living:**

Roger, Sandie, Lisa, Susan, Mark, Carissa, Richard, Mary, Benjamin, Jeannie

#### **Departed:**

Vera, Paul, Joseph, Margaret, Mikey, Theresa, Guy, Thomas

### **Church Metrics – Memory Eternal!**

*Patricia Hasychak – 7/13/22; Daniel Lopachuk – 7/13/81; Darren Nedovich – 7/15/96;  
Alexander Russak, Sr. – 7/16/84; Katherine Wladuk – 7/16/97*

### **Troparion/Kontakion**

#### **Troparion — Tone 4**

Your holy martyrs Proclus and Hilary, O Lord, / through their sufferings have received incorruptible crowns from You, our God. / For having Your strength, they laid low their adversaries, / and shattered the powerless boldness of demons. / Through their intercessions, save our souls!

#### **Kontakion — Tone 4**

Like the morning star, / your glorious sufferings enlighten us with holy miracles. / We celebrate your memory, Proclus and Hilary; / pray to Christ God for us / that He will save our souls.

## *Epistle: Romans 12:6-14*

Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. Let love be without hypocrisy. Abhor what is evil. Cling to what is good. Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; distributing to the needs of the saints, given to hospitality. Bless those who persecute you; bless and do not curse.

## *Gospel according to Matthew 9:1-8*

So He got into a boat, crossed over, and came to His own city. Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, "Son, be of good cheer; your sins are forgiven you." And at once some of the scribes said within themselves, "This Man blasphemes!" But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven you,' or to say, 'Arise and walk'? But that you may know that the Son of Man has power on earth to forgive sins" – then He said to the paralytic, "Arise, take up your bed, and go to your house." And he arose and departed to his house. Now when the multitudes saw it, they marveled and glorified God, who had given such power to men.

## *Martyrs Proclus and Hilary of Ancyra*

The Holy Martyrs Proclus and Hilarion were natives of the village of Kallippi, near Ancyra, and they suffered during the time of a persecution under the emperor Trajan (98-117). Saint Proclus was put under arrest first. Brought before the governor Maximus, he fearlessly confessed his faith in Christ. The governor decided to compel the saint to submit himself to the emperor and offer sacrifice to the pagan gods. During his tortures, the martyr predicted to Maximus that soon he himself would be compelled to confess Christ as the true God. They forced the martyr to run after the chariot of the governor, heading towards the village Kallippi. Exhausted, Saint Proclus prayed that the Lord would halt the chariot. By the power of God the chariot halted, and no force could move it from the spot. The dignitary sitting in it became petrified. The martyr told him that he would remain unmoving until such time as he would sign a document with a confession of Christ. Only after this could the chariot continue on its way with the governor.

The humiliated pagan took fierce revenge on Saint Proclus. He commanded that Proclus be led out beyond the city, tied to a pillar and shot with arrows. The soldiers, leading Saint Proclus to execution, told him to give in and save his life, but the saint said that they should follow their orders. Along the way to the place of execution, they met Hilarion, the nephew of Saint Proclus, who with tears embraced his uncle and also confessed himself a Christian. The soldiers seized him, and he was thrown into prison. The holy Martyr Proclus prayed for his tormentors and surrendered his soul to God beneath a hail of arrows.

Saint Hilarion was brought to trial and, with the same courage as Saint Proclus, confessed himself a Christian. After tortures he was sentenced to death. They tied the martyr's hands and dragged him by his feet through the city, wounded and bloody, and then they beheaded him three days after the death of his uncle, the holy Martyr Proclus. Christians buried them together in a single grave.

## *Outreach Opportunities*

### *TODAY - Feed a Friend – Sunday – July 12<sup>th</sup>*

*Please put your lunches into refrigerator in the Church Hall (Thank You!)*

Help the poor, the hungry, the homeless, and the victims of domestic abuse here in the Greater Hartford region by giving them something that's hard to come by: *A Free Lunch!* We'll deliver bagged lunches to *Loaves and Fishes* in Hartford, *every second Sunday of each month*, who has numerous men, women, and children, who will appreciate the food you provide and the love that you show in making it. This is a great opportunity to get your kids to help and discuss with them the words of Christ: "When I was hungry, you fed me...."

*To participate - Make & bring a brown-bag lunch to Church which includes all of the following:*

- 1) Sandwich,
- 2) Piece of Fruit
- 3) Bag of Chips/pretzels
- 4) Canned/Bottled Drink &
- 5) Desert (pudding, cookie, etc.)

*Important Note: For the purpose of uniformity, please include all/only the items above.*

*Also PLEASE write type of sandwich (and the presence of any allergens) on bag.*

## **Foodshare**

There is a basket for donations of nonperishable food items for Foodshare in the “Donations Corner” in the Church Hall! We are also in need of brown bags with handles. Also, please avoid food items in glass containers. *Please remember to thank God for your blessings by helping those in need. God Bless and Thank you!*



*For more than 200 years, The Village has been dedicated to building a community of strong, healthy families who protect and nurture children.*

**CALL TO ACTION:** *The Village, our neighbor on Albany Avenue, is in need of Personal Hygiene Items! Are you looking to make a difference in our community? We are looking for donations of the following items:*

### **COLLECTION EXTENDED**

***Feminine Hygiene Products*** – both tampons and pads

***Soap*** – Bars and Pump

***Shampoo*** – any and all brands and sizes

***Deodorant*** – men/women – any and all brands

***Toothpaste*** – any and all brands and sizes

***Toothbrushes*** – Individually wrapped – not generic lots

***Shaving Cream*** – any and all brands and sizes

*Please leave your donations in the marked boxes on the “Donation Table” in the Church Hall. We will be collecting, until August 30<sup>th</sup>. Thank you for your donations!*

### **Are You Interested?**

The Events Committee of All Saints, is sponsoring a trip to the Icon Museum in Clinton, MA on Saturday, September 12<sup>th</sup>. (Please see flyer below)

**Please see sign-up sheets at the Communications Table in the Church Hall –**

1. If you would like to go to the Museum with lunch on your own

*Or*

2. If you would like to go the Museum and pre-arranged luncheon afterwards

*Assistance is available to help cover the cost of the trip. Please see Father Constantine.*

# THE ICON MUSEUM AND STUDY CENTER

203 Union Street  
Clinton, MA

*You are invited to attend a trip to The Icon Museum and Study Center!*

*When: Saturday – September 12, 2026*

*Everyone provides their own transportation. If you would like to carpool, we will be gathering at All Saints at 9:00 a.m. for departure at 9:30 a.m.*

*Museum Tour will begin at 11:00 a.m.*

*Lunch is available at beginning at 1:30 p.m.*

## *Cost*

### *Museum Tour:*

*Adult 18+ - \$12.00*

*Senior 65+ - \$10.00*

*Ages 1-17 – FREE*

### *Luncheon:*

*Includes: Salad; Choice of Baked Haddock or Chicken Parmesan;  
Rolls/Butter; Fresh Hot Strawberry Crumble topped with Vanilla Ice Cream;  
Coffee and Soda.*

*\$45 per person*

*Please see Father Constantine to make your reservation.  
Reservations/Payment due by ???.*

## *Newly Chrismated Douglas “DJ” Clement – God Grant Him Many Years!*



## *Please Note*

*Any photos taken at Church events may be used on the Church website or Facebook page. If you have any questions on this, please see or contact Father Constantine. <https://www.oca.org/files/PDF/official/2026-0506-socialmediaguidelines-clergy-lay-leaders.pdf> (Updated April 28, 2026)*



## **The Orthodox Church in America's New England Diocesan Choir is expanding its membership!**

**See how you can become a part of it!**

**We are looking for singers from all three deaneries!**

**The Diocesan Choir supports the work of His Grace, Bishop +BENEDICT in the development of Liturgical Music in the Diocese of New England, in singing for designated Diocesan services, performing concerts of Liturgical Music, and in vetting and singing new compositions to the Glory of God!**

### **Prospective members should be:**

- **Orthodox Christians, members in good standing of a parish in the Orthodox Church in America's Diocese of New England**
- **Willing to dedicate their own time outside of rehearsals to the study and preparation of repertoire for both rehearsals and performances**
- **Able to follow a choir director, maintain pitch and tempo, and blend with their section, as well as with the whole choir**
- **Willing to travel to rehearsals (generally Saturday mornings) and performances throughout the year**

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**Those interested in joining should Scan the QR code,  
or click the link below to fill out an interest form!**

**<https://forms.gle/uFRB5ssemw4JG19A>**

**Upcoming Assessment Opportunities:**  
**Saturday, October 10: Southern Connecticut**  
**Saturday, October 24: Southern New Hampshire**

**More opportunities to be announced!**

