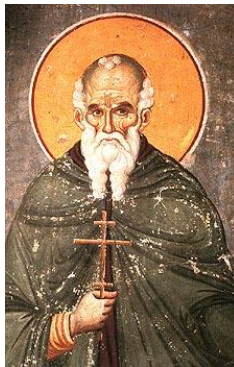




205 Scarborough Street Hartford, Connecticut 06105
Father Constantine Bodien, Rector info@AllSaintsHartford.org
Archpriest John Jillions, Retired – Attached
www.AllSaintsHartford.org **Father's Cell: (860) 278-6387**

July 5, 2026

Venerable Athanasius, founder of the Great Lavra and Coenobitic Monasticism on Mount Athos, and his six disciples



Sunday, July 5th	8:45 a.m. Chrismation of Douglas (DJ) Clement
	9:00 a.m. <u>Divine Liturgy(In-Person/Virtual - Click for Zoom Link)</u>
Wednesday, July 8th	6:00 p.m. <u>Daily Vespers/Adult Education (Virtual Only – Click for Zoom Link)</u>
Saturday, July 11th	2:00 p.m. Baptism of Jon, Gabriel and Domynic Diaz
	5:00 p.m. Vespers
Sunday, July 12th	8:45 a.m. Chrismation of Magdalena Giszter
	9:00 a.m. <u>Divine Liturgy(In-Person/Virtual - Click for Zoom Link)</u>
	Feed a Friend

Welcome

Welcome to all those visiting All Saints! Please join us for Fellowship after Liturgy!

Happy Birthday

Michael Field – July 6th
Yuliia Provolovska – July 6th

Change in Post Communion Prayers

At the request of our hierarch Bishop Benedict, we hear the post communion prayers after the dismissal and before the announcements. It is important for us all spiritually to hear and reflect on these beautiful words after receiving the sacrament.

Help Needed – Church Cleaning

All Saints Church does not have the luxury of a full-time, or even part-time, janitor to keep up with the general cleaning that needs to occur each month. To keep our Church clean and safe, we are asking for help on a rotating basis with cleaning tasks such as mopping floors, cleaning bathrooms, vacuuming and dusting and sweeping as needed. We ask that each family or group of two or three individuals, sign up for a month to come into the church and complete these tasks. The sign-up sheet is on the table in the auditorium. Please see Greg Belekewicz (860) 268-6554 with any questions. *Thank you!*

Adult Education

*Please note that Adult Education will be on Wednesday, July 8th. We will be covering chapter 6 in *The Orthodox Way*, by Metropolitan Kallistos Ware.*

Name Tag Sunday – August 2nd

Get to know your brothers and sisters! Next Name Tag Sunday, August 2nd and the first Sunday of every other month going forward, we will be asking everyone to wear a Name Tag, so that we can get to know one another better. Name tags and markers will be available as you enter church.

Theology Café

The next gathering of the Theology Café will be August 4th - all are welcome, bring a friend - 7:30 PM at 107 Elizabeth St., Hartford CT. *Please RSVP to Amy Hayashida. Thank you!*

Parish Council Meeting

Next Parish Council Meeting will be August 11th at 6:30 p.m. in person at All Saints.

Commemorations

Living:

Roger, Sandie, Lisa, Susan, Mark, Carissa, Richard, Mary, Benjamin, Jeannie

Departed:

Vera, Paul, Joseph, Margaret, Mikey, Theresa, Guy, Thomas

Church Metrics – Memory Eternal!

Olga Reduker – 7/8/20; Ola Ferla – 7/8/18; Nicholas Pawluk – 7/8/11; Anna Kiro – 7/9/81; Helen Wecal – 7/9/10;
Walter Spakowski – 7/10/84; Elizabeth Zarins – 7/11/81

Troparion/Kontakion

Troparion — Tone 3

The ranks of Angels were awed by your life in the flesh, / how in the body, you went forth toward invisible struggles, O renowned one, / and smote the hordes of demons with mortal wounds; / for this reason, Athanasios, Christ rewarded you with abundant gifts. / Therefore, O Father, pray that our souls may be saved.

Kontakion — Tone 2

Taking the yoke of Christ upon yourself, / you bore your cross on your shoulders, O Athanasios; / you became a most virtuous imitator of His sufferings, / and a sharer of His glory, partaking of endless joy.

Epistle: Romans 10:1-10

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. For Christ is the end of the law for righteousness to everyone who believes. For Moses writes about the righteousness which is of the law, "The man who does those things shall live by them." But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?' (that is, to bring Christ down from above) or, 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

Gospel according to Matthew 8:28-9:1

When He had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed men, coming out of the tombs, exceedingly fierce, so that no one could pass that way. And suddenly they cried out, saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?" Now a good way off from them there was a herd of many swine feeding. So the demons begged Him, saying, "If You cast us out, permit us to go away into the herd of swine." And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water. Then those who kept them fled; and they went away into the city and told everything, including what had happened to the demon-possessed men. And behold, the whole city came out to meet Jesus. And when they saw Him, they begged Him to depart from their region. So He got into a boat, crossed over, and came to His own city.

Venerable Athanasius, founder of the Great Lavra and Coenobitic Monasticism on Mount Athos

Saint Athanasius of Athos, in holy Baptism named Abraham, was born in the city of Trebezond. He was orphaned at an early age, and being raised by a certain good and pious nun, he imitated his adoptive mother in the habits of monastic life, in fasting and in prayer. Doing his lessons came easily and he soon outpaced his peers in study.

After the death of his adoptive mother, Abraham was taken to Constantinople, to the court of the Byzantine emperor Romanus the Elder, and was enrolled as a student under the renowned rhetorician Athanasius. In a short while the student attained the mastery of skill of his teacher and he himself became an instructor of youths. Reckoning as the true life that of fasting and vigilance, Abraham led a strict and abstinent life, he slept little and then only sitting upon a stool, and barley bread and water were his nourishment. When his teacher Athanasius through human weakness became jealous of his student, blessed Abraham gave up his teaching position and went away.

During these days there had arrived at Constantinople Saint Michael Maleinos (July 12), igumen of the Kyminas monastery. With long fasts, vigils, bending of the knees, with works night and day Athanasius soon attained such perfection, that the holy igumen blessed him for the exploit of silence in a solitary place not far from the monastery. Later on, having left Kyminas, he made the rounds of many desolate and solitary places, and guided by God, he came to a place called Melanos, at the very extremity of Athos, settling far off from the other monastic dwellings. Here the monk made himself a cell and began to live an ascetical life in works and in prayer, proceeding from exploit to exploit towards higher monastic attainment.

The enemy of mankind tried to arouse in Saint Athanasius hatred for the place chosen by him, and assaulted him with constant suggestions in thought. The ascetic decided to suffer it out for a year, and then wherever the Lord should direct him, he would go. On the last day of this year's length of time, when Saint Athanasius set about to prayer, a heavenly light suddenly shone upon him, filling him with an indescribable joy, all the thoughts dissipated, and from his eyes welled up graced tears. From that moment Saint Athanasius received the gift of tenderness, and he became as strongly fond of the place of his solitude as he had formerly loathed it.

Outreach Opportunities

Feed a Friend – Sunday – July 12th

Please put your lunches into refrigerator in the Church Hall (Thank You!)

Help the poor, the hungry, the homeless, and the victims of domestic abuse here in the Greater Hartford region by giving them something that's hard to come by: A Free Lunch! We'll deliver bagged lunches to Loaves and Fishes in Hartford, every second Sunday of each month, who has numerous men, women, and children, who will appreciate the food you provide and the love that you show in making it. This is a great opportunity to get your kids to help and discuss with them the words of Christ: "When I was hungry, you fed me...."

To participate - Make & bring a brown-bag lunch to Church which includes all of the following:

- 1) Sandwich,
- 2) Piece of Fruit
- 3) Bag of Chips/pretzels
- 4) Canned/Bottled Drink &
- 5) Desert (pudding, cookie, etc.)

Important Note: For the purpose of uniformity, please include all/only the items above.

*Also **PLEASE** write type of sandwich (and the presence of any allergens) on bag.*

Foodshare

There is a basket for donations of nonperishable food items for Foodshare in the "Donations Corner" in the Church Hall! We are also in need of brown bags with handles. Also, please avoid food items in glass containers. *Please remember to thank God for your blessings by helping those in need. God Bless and Thank you!*



For more than 200 years, The Village has been dedicated to building a community of strong, healthy families who protect and nurture children.

CALL TO ACTION: *The Village, our neighbor on Albany Avenue, is in need of Personal Hygiene Items! Are you looking to make a difference in our community? We are looking for donations of the following items:*

COLLECTION EXTENDED

Feminine Hygiene Products – both tampons and pads

Soap – Bars and Pump

Shampoo – any and all brands and sizes

Deodorant – men/women – any and all brands

Toothpaste – any and all brands and sizes

Toothbrushes – Individually wrapped – not generic lots

Shaving Cream – any and all brands and sizes

*Please leave your donations in the marked boxes on the "Donation Table" in the Church Hall. **We will be collecting, until August 30th**. Thank you for your donations!*

Are You Interested?

The Events Committee of All Saints, is sponsoring a *trip to the Icon Museum in Clinton, MA* on *Saturday, September 12th*. (Please see flyer below)

Please see sign-up sheets at the Communications Table in the Church Hall –

1. If you would like to go to the Museum with lunch on your own

Or

2. If you would like to go the Museum and pre-arranged luncheon afterwards

Assistance is available to help cover the cost of the trip. Please see Father Constantine.

**THE ICON MUSEUM
AND STUDY CENTER**

*203 Union Street
Clinton, MA*

You are invited to attend a trip to The Icon Museum and Study Center!

When: Saturday – September 12, 2026

*Everyone provides their own transportation. If you would like to carpool, we will
be gathering at All Saints at 9:00 a.m. for departure at 9:30 a.m.*

Museum Tour will begin at 11:00 a.m.

Lunch is available at beginning at 1:30 p.m.

Cost

Museum Tour:

*Adult 18+ - \$12.00
Senior 65+ - \$10.00
Ages 1-17 – FREE*

Luncheon:

*Includes: Salad; Choice of Baked Haddock or Chicken Parmesan;
Rolls/Butter; Fresh Hot Strawberry Crumble topped with Vanilla Ice Cream;
Coffee and Soda.*

\$45 per person

*Please see Father Constantine to make your reservation.
Reservations/Payment due by ???.*

Please Note

Any photos taken at Church events may be used on the Church website or Facebook page. If you have any questions on this, please see or contact Father Constantine. <https://www.oca.org/files/PDF/official/2026-0506-socialmediaguidelines-clergy-lay-leaders.pdf> (Updated April 28, 2026)